TASK BCM-02-01-AUX: **Personal Physical Requirements and Policy**

References	a. *Auxiliary Operations Policy Manual, COMDTINST M16798.3 (series), Chapter 1*
	b. *Auxiliary Manual, COMDTINST M16790.1 (series)*
Conditions	Task should be performed at any time ashore, at the dock, or underway. Trainee must accomplish task without prompting or use of a reference.
Standards	In response to the mentor, the trainee must state the physical requirements to be demonstrated and policies required to be practiced to participate as an Auxiliary crewmember, in the Auxiliary Boat Crew program.

Performance Criteria	Completed (Initials)
1. State the physical requirements necessary to participate in the Auxiliary Boat Crew program.	_____
2. State the policy and responsibility of a crewmember when that member is unable or unfit to perform required duties on an ordered mission.	_____
3. State the policy and responsibility of a crewmember that becomes aware of any incapacity, disability, or other disqualifying condition in another crewmember.	_____
4. State who is responsible to abort the operational mission if the crewmember or coxswain is reported as unfit to perform assigned duties.	_____
5. State the policy on personal grooming and proper uniform requirements.	_____

Mentor _____ **Date** _____

Comments _____

_____

TASK BCM-02-02-AUX: **Personal Physical Fitnesss and Vision**

References	a. *Merchant Mariner Medical Manual, COMDTINST M16721.48 (series)*
Conditions	Tasks may be performed at any time; ashore, at the dock, or underway. The candidate/requalification must accomplish the tasks without prompting or use of any other reference not part of this task.
Standards	The candidate/requalification must demonstrate the ability to perform the requirements set forth below.

Performance Criteria	Completed (Initials)
1. Accomplish all physical fitness requirements as stated in table below:	

TASK,FUNCTION, EVENT, OR CONDITION:	RELATED PHYSICAL ABILITY:	THE MENTOR SHOULD BE SATISFIEDTHAT THE AUXILIARIST:	
Routine movement on slippery, uneven and unstable surfaces.	Maintain balance (equilibrium) and move with agility.	Has no disturbance in sense of balance. Has no impairment or disease that prevents or limits any of the movements and physical activities listed in this table.	_____
Routine access between levels. (If Applicable)	Climb up and down vertical ladders and stairways. (If applicable to the facily)	Is able to climb up and down vertical ladders and stairways, without assistance.	_____
Routine movement between spaces and compartments.	Step over high door sills and coamings. Work in constricted spaces and move through restricted openings.	Is able to perform the following, without assistance: Move around the facility safely.	_____
Stand a routine watch.	Stand a routine watch. Stand, walk and remain alert for extended periods of time.	Is able to perform the following, without assistance: • remain awake and mentally alert while underway.	_____
React and respond to visual alarms, warnings, and instructions; emergency response procedures.	Maintain balance (equilibrium) and move with agility. Has strength and range to put on a personal flotation device.	The candidate/requalification is able to safely respond to any emergency and can safely accomplish any BCM TASK in the qualification process with no physical limitations.	_____

Performance Criteria			Completed (Imitials)
2. Accomplish all vision requirements as stated in table below:			
Distinguish objects or shapes at a distance. **See Note 1.**		For each eye, independently, using the associated PDF vision chart on page 2-14, at approximately 10.5 feet from the chart, the Auxiliarist must read line 3. If needed, corrective lenses may be worn. A doctor's eye exam certificate (issued within the last 2 years) may be used in lieu of this test. The certificate must state the candidate/requalification has been tested and their vision in each eye is 20/40 or greater. If needed, with corrective lenses.	_____
Distinguish colored navigational aids. **See Note 2**.		Auxiliarist can distinguish red, yellow, white, and green colors using the associated color recognition chart on page 2-15. A doctor's eye exam certificate (issued within the last 2 years) may be used in lieu of this test. The certificate must state the candidate/requalification has been tested and has normal vision	_____

Note 1: Candidates/requalification's who cannot distinguish objects or shapes are prohibited from participating in operations until member is further evaluated by a licensed ophthalmologist (MD or DO) or optometrist (OD). If member is determined to be legally blind by a certified [eye] Doctor, then member is prohibited from participating as Crewmember, Coxswain, or PWC operator. A written attestation of approval by the certifying Doctor showing 20/40 or greater must be provided to the QE in order for the task to be signed off (written attestation may not be retained by the QE).

Note 2: Candidates/requalification's who cannot distinguish the colors are prohibited from participating in operations until member is further evaluated for color blindness by a licensed ophthalmologist (MD or DO) or optometrist (OD). If member is determined to be color blind and color blindness cannot be correct by special eyewear, then member is prohibited from participating as Crewmember, Coxswain, or PWC operator. A written attestation of approval by the certifying Doctor must be provided to the QE in order for the task to be signed off (written attestation may not be retained by the QE).

I certify the above information to be true and accurate.

QE:		Date	
Comments			

VISION CHART

Holding the chart approximately 10.5 feet away from the candidate, for each eye, independently, the QE will have the candidate / requalification read the **third** line from top. If needed, corrective lenses may be worn
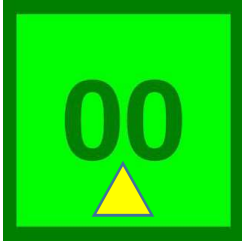
COLOR RECOGNITION CHART

Ignoring the background, the QE will ask the candidate/requalification to:

Identify all the objects, from the chart below, which are: Yellow, Green, Red, or White. Color correction glasses may be used.

If the candidate/requalification is unable to identify the colors, see Note 2 in the Performance Criteria.

Block 1	Block 2	Block 3
Block 4	Block 5	Block 6
Block 7	Block 8	Block 9